

# Great Plains Technology Center Tillman/Kiowa Campus

## Schedule at a Glance

Fall, 2010

<b>Personal Interest</b>
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**AARP Defensive Driving** **\$12/\$14**  
 Recognizing the need to help drivers refresh their skills, Great Plains and AARP is offering defensive driving. Completion of this class qualifies drivers of any age for a discount on most automobile insurance. *No discount, a registration fee is paid to AARP Instructor the day of the class. If you are an AARP member, the fee is \$12.*  
 M August 16-17 5:30-9:30 8 hrs

**Facebook** **\$10**  
 Learn how to begin to get in touch with friends, both old and new, as you learn about the internet's premiere social networking site. Class discussion will be learning how to log into Facebook, set up a safe profile, search for friends, and post pictures. The class will also discuss personal security, acceptable posting practices and ethics.  
 M Sept. 13 6:00-9:00 3 hrs.

**Digital Camera** **\$25**  
 Explore the different types of digital cameras, as well as the basic principals used to take great pictures. Master the principles of shutter speed, aperture, low light photography and more. Please bring your camera and manual to class. We will also travel out in the Frederick area to take photos.  
 T/Th Sept. 14-21 6:00-9:00 9 hrs.

<b>Cooking</b>
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**Brownie Pops** **\$8**  
 Brownie pops are super cute...and very good. Kids of every age light up when they see them. They are perfect for a party but they will make any occasion special. *Call for a supply list.*  
 Th Sept. 16 6:00-8:00 2 hrs.

**Cooking with Deer Meat and or Beef** **\$10**  
 Come enjoy tasting the instructor's favorite recipes and learn his cooking techniques as he prepares jerky and summer sausage (he will show how to use a sausage stuffer). Enjoy tasting the final product.  
 T Oct. 5 6:00-9:00 3 hrs

**Fried Pies** **\$10**  
 Just for your family or as a business, learn to make fried pies from scratch like grandmother used to make. We will cover the fundamentals of making pie crust, fillings and the complete cooking process. *Call for a supply list.*  
 M Oct. 11 6:00-9:00 3 hrs

**Easy as Pie** **\$8**  
 This is an easy pie crust for those in a hurry or who don't like to roll pie crust. Very flaky. *Call for a supply list.*  
 T Oct. 19 6:00-8:00 2 hrs.

**Bread** **\$8**  
 Making bread from scratch is no longer a lost art. Explore the new techniques available to make fresh, delicious bread in this hands-on class. *Call for a supply list.*  
 M Oct. 18 6:00-8:00 2 hrs.

**Tortillas!! Corn & Flour** **\$10**  
 Students will learn how to make flour tortillas from scratch and they will also learn how to use a mix to make corn tortillas using a press. Students will be able to take both tortillas home with them. *Call for a supply list.*  
 M Nov. 8 6:00-9:00 3 hrs.

## Needlecraft & Sewing

### **Quilting: Beginner or Experienced** **\$35**

Students will learn to use a rotary cutter, construct a quilt-top with strip piecing, sew blocks together, arrange in a new pattern, and add borders. A quilting design is then determined and students will quilt the layers together by machine. Students will learn to cut and add bindings. *Sewing machine and supplies required, call for a supply list.*

T August 24- Sept. 14 6:00-9:00 12 hrs.

### **3 Pocket Tote** **\$8**

Using an 18" square of pre-quilted fabric and binding you can create this 3 pocket tote. Instead of using pre-quilted fabric, you may quilt your own fabric for a more personal touch! Add cording and make a purse. *Sewing machine and supplies required, call for a supply list.*

Th Sept. 2 6:00-8:00 2 hrs.

### **D9P** **\$8**

D9P or disappearing nine patch quilts are everywhere lately. I now understand why. This pattern is so fast, simple and effective. I'm sure if you make one, you will find yourself making a second, and a third, and...

*Sewing machine and supplies required, call for a supply list.*

T Sept. 21 6:00-8:00 2 hrs.

### **Serger Basics** **\$15**

Come and learn how easy and fast it is to sew with your serger. We will make a pillow case, a little tote bag and learn how to do a rolled edge hem. You will see and discuss other uses for your serger. *Serger and supplies required, call for a supply list.*

Th Sept. 23-30 6:00-9:00 6 hrs.

*The following short classes would be great for giving as gifts:*

### **Cell Phone Carrier** **\$10**

Constantly losing your cell? Need a great place - ohhh...it has a magic pocket - for your ipod, credit cards, pad of paper, pen? This little accessory is perfect for the savvy, smart YOU! Fast! You won't

believe it! make a bunch for your friends...and for every outfit for yourself. Easy!

Sew on the Lines! Fold on the lines! Using fusible engineered interfacing panels. *Sewing machine and supplies required, call for a supply list.*

T Oct. 12 6:00-9:00 3 hrs.

### **Snap Bag** **\$10**

These small bags will be your best friend when it is time to pack for a class, to give as Christmas gifts. Bags are completely lined. Easily snaps closed by using a metal carpenter tape that forms a hinge.

Th Oct. 21 6:00-9:00 3 hrs.

### **Candle Mats** **\$10**

These adorable mini quilts, kitchen quilts, token quilts, or candle mats are easy to make. Use under a candle, candy dish, favorite picture, etc. *Sewing machine and supplies required, call for a supply list.*

T Oct. 26 6:00-9:00 3 hrs.

### **Sock Monkey** **\$15**

Come and make this whimsical little fellow whose body is a sock and whose heart is hidden somewhere in cotton stuffing.

*Sewing machine and supplies required, call for a supply list.*

T Nov. 9-16 6:00-9:00 6 hrs

### **Christmas Yo-Yo Ornaments** **\$10**

Using the traditional yo-yo construction methods to create a charming snow couple, old fashioned Christmas tree or wreath, you then can hang them on the tree, display them on a table top, or decorate a gift. *Supplies required, call for a supply list.*

T Nov. 30 6:00-9:00 3 hrs.

## Health Care/ Medical

### **CPR/First Aid \$25**

Learn to cope with emergencies concerning infants, children and adults. Students will be introduced to life saving techniques by concentrating on the emergency action principles. The instructor will outline first aid and safety, rescue breathing and breathing devices, one man CPR, abdominal thrust, how to deal with victims of sudden illness and AED training. Students complete this course will receive certification from the American Heart Association.

M/T August 23-24 6:00-10:00

M/T Oct. 4-5 6:00-10:00 8 hrs.

### **CNA - Long Term & Home Health Combo. \$385**

In just 120 hours you can acquire the classroom theory and basic nursing skills needed to gain employment in hospitals, nursing homes and home situations. Instruction includes practical techniques coupled with on-location training. This program is approved by the Oklahoma State Dept. of Health (OSDH). *Text required, \$75.00.*

T/Th Sept. 2- Dec. 9 5:30-9:30 120 hrs.

## Computer Education

### **Microsoft Excel 2007 (Basics) \$35**

Designed to cover the function and concepts of this popular spreadsheet program. This course will help students learn to take advantage of its many capabilities. Emphasis is placed on understanding spreadsheet concepts, building and formatting spreadsheets, and using functions. *Windows and keyboarding skills required. Text book required.*

T/Th/M Aug. 10-12-16 6:30-8:30 pm 6 hrs.

### **Microsoft Word 2007 (Introduction) \$65**

Learn to create, edit, format and print documents using this popular word processing application. Learn the basic concepts of word processing including how to create and save documents, manipulate text, format text and paragraphs, find and replace text, and use proofing tools. *Windows and keyboarding skills required. Text book required.*

T/Th Sept. 28-Oct. 7 6:00-9:00 12 hr

### **Internet: An Introduction for Seniors \$10**

How to use the world's largest, fastest growing, most highly regarded source of totally free information. Come learn what questions to ask when searching for answers. This course will get you up and running with the internet.

M/W Sept. 20-22 2:00-4:00 4 hrs.

## Online Courses

GPTC is proud to offer on-line courses through **Education To Go**. Below is a listing of the different areas that courses are offered. We encourage you to visit the website [www.ed2go.com/gptech](http://www.ed2go.com/gptech) for a complete list of courses, descriptions, and career certificate programs.

### **Career and Professional**

- Accounting
- Business and Management
- Certificate Prep
- Grant Writing and Nonprofit
- Health Care
- Law and Legal
- Sales and Marketing
- Start Your Own Business
- Teaching and Education
- Veterinary

### **Writing and Publishing**

- Business Writing
- Creative Writing
- Grant Writing
- Publishing

### **Computer and Technology**

- Basic Computer Literacy
- Certification Prep
- Computer Applications
- Database Management
- Graphic and Multimedia Design
- PC Networking and Security
- The Internet
- Web and Computer Programming

### **Personal Development**

- Arts
- Children, Parents and Family
- Digital Photography
- Health and Wellness
- Job Search
- Languages
- Personal Enrichment
- Personal Finance
- Text Prep

**Cost of tuition does not include textbooks.**

**Enroll early to avoid cancellations.**

**To register call 580-335-5525**